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(Pages : 2)

Name.....

Reg. No.....

**FIFTH SEMESTER INTEGRATED P.G. DEGREE (REGULAR) EXAMINATION  
NOVEMBER 2022**

M.A. (Psychology)

PSY5IB03—PSYCHOLOGICAL COUNSELLING – 1

(For 2020 Admissions only)

Time : Two Hours

Maximum : 60 Marks

**Section A (Short Answer Questions)**

*All questions may be answered.**Each question carries 2 marks.**Ceiling of marks 20.*

1. Facilitative counselling.
2. Mental health counselling.
3. Career counselling.
4. Open ended questions.
5. Reflecting feelings.
6. Establishing relationship.
7. Problem solving.
8. School counselling.
9. Web based counselling.
10. Self-disclosure.
11. Unconditional positive regard.
12. Advanced empathy.

(Ceiling 20 marks)

**Section B (Paragraph type)**

*All questions may be answered.**Each question carries 5 marks.**Ceiling of mark is 30.*

13. Comparison between counselling and psychotherapy.
14. Directive and non-directive counselling.
15. Significance of diagnosis in counselling.

**Turn over**

16. Assessment tools in counselling.
17. Counselling and liaisoning fields.
18. Different formats of counselling.
19. Legal concerns of counselors.

(Ceiling 30 marks)

### **Section C (Essay type)**

*Answer any one question.*

*The question carries 10 marks.*

*Ceiling of mark is 10.*

20. Elucidate various psychological tests used for assessment in counselling.
21. Explain the ethical dilemmas in counselling.

( $1 \times 10 = 10$  marks)