

C 44741

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Name.....

Reg. No.....

**SIXTH SEMESTER INTEGRATED P.G. REGULAR DEGREE
EXAMINATION, APRIL 2023**

(CBCSS)

M.A. Psychology

PSY 6I B03—PSYCHOLOGICAL COUNSELLING—II

(2020 Admissions only)

[For the Candidates of Affiliated Colleges]

Time : Two Hours

Maximum : 60 Marks

Section A (Short Answer Questions)

*All questions may be answered.**Each question carries 2 marks.**Ceiling of marks 20.*

1. Goal setting.
2. Listening skills.
3. Open communication.
4. Free association.
5. Cognitive restructuring.
6. Eclectic counselling.
7. Rapport building.
8. Reflection of feelings.
9. Confrontation.
10. Primary empathy.
11. Career counselling.
12. Premarital counselling.

Turn over

Section B (Paragraph Type)

All questions may be answered.

Each question carries 5 marks.

Ceiling of mark is 30.

13. Characteristics of an effective counsellor.
14. Structure of personality.
15. Basic concepts of person-centered counselling.
16. Non-verbal skills in counselling.
17. Listening techniques.
18. Counselling for terminally ill.
19. Professional codes in counselling.

Section C (Essay Type)

*Answer any **one** question.*

The question carries 10 marks.

Ceiling of mark is 10.

20. Discuss the basic concepts and therapeutics techniques in behavioural counselling.
21. Discuss ethical issues in counselling.

(1 × 10 = 10 marks)