

**SIXTH SEMESTER INTEGRATED P.G. DEGREE (REGULAR/
SUPPLEMENTARY/IMPROVEMENT) EXAMINATION, APRIL 2024
(FOR 2020 AND 2021 ADMISSIONS)**

M.Sc. Psychology

PSY 6IB 03—PSYCHOLOGICAL COUNSELLING—II

Time : Two Hours

Maximum : 60 Marks

Section A (Short Answer Questions)

All questions may be answered.

Each question carries 2 marks.

Ceiling of marks 20.

1. Unconditional positive regard.
2. Attentiveness.
3. Fixation.
4. Relaxation training.
5. Role playing.
6. Accepting negative emotions.
7. Physical arrangements.
8. Reassurance.
9. Advanced empathy.
10. Decision making.
11. Group counselling.
12. Premarital counselling.

Turn over

Section B (Paragraph Type)

All questions may be answered.

Each question carries 5 marks.

Ceiling of mark is 30.

13. Counsellor characteristics.
14. Goals of counselling.
15. Basic concepts of behavioural counselling.
16. Eclectic counselling.
17. Importance of open ended questions in counselling.
18. Structuring techniques.
19. Legal aspects of counselling.

Section C (Essay Type)

*Answer any **one** question.*

The question carries 10 marks.

Ceiling of mark is 10.

20. Explain the three stages of Egan's model.
21. Elucidate the problem solving techniques in counselling.

(1 × 10 = 10 marks)