

D 142572

(Pages : 2)

Name.....

Reg. No.....

**TENTH SEMESTER INTEGRATED P.G. (REGULAR/SUPPLEMENTARY/
IMPROVEMENT) DEGREE EXAMINATION, APRIL 2026**

Psychology

PSY 10 IB 02—PSYCHOTHERAPEUTICS—II

(2020 Admission onwards)

Time : Three Hours

Maximum : 80 Marks

Section A

*Answer any **ten** questions in two **or** three sentences each.
Each question carries 2 marks.*

1. Reattribution.
2. Imagery.
3. Self-management.
4. Self efficacy.
5. Verbal aversion.
6. Stimulus satiation.
7. Contingency Management.
8. Implosive therapy.
9. EEG.
10. Paretic and Chemical Aversion.
11. Graded Exposure.
12. Bio-feedback.

(10 × 2 = 20 marks)

Turn over

Section B

Answer any five questions in a paragraph of about half a page to one page.

Each question carries 8 marks.

13. Ethics and professional issues in Behaviour Modification.
14. Self control techniques.
15. Extinction and response elimination.
16. Vicarious conditioning.
17. Radical and Neo-behaviouristic perspective.
18. Assertiveness Training.
19. Stress Inoculation Therapy.

(5 × 8 = 40 marks)

Section C

Answer any two questions in an essay each.

Each question carries 10 marks.

20. Give a brief account of the Relaxation based techniques of Behaviour Modification.
21. Discuss Cognitive Behaviour Therapy and its application in Psychosis.
22. Briefly discuss the current practice and future trends in Behaviour Therapy.
23. Make a comparison of the principles of classical conditioning and operant conditioning.

(2 × 10 = 20 marks)