

D 143576

(Pages : 2)

Name.....

Reg. No.....

**SIXTH SEMESTER INTEGRATED P.G. DEGREE REGULAR/
SUPPLEMENTARY/IMPROVEMENT TEXAMINATION, APRIL 2026**

M.Sc. Psychology

PSY6IB03—PSYCHOLOGICAL COUNSELLING – II

(2020 Admissions only)

Time : Two Hours

Maximum : 60 Marks

Section A*Answer all questions.**Answer in Two, or three sentences.**Each carry 2 marks.**There shall be ceiling of 20 marks in this section.*

1. Definition of Counselling.
2. Effective Counselling Conditions.
3. Egan's Model.
4. Person-Centered Counselling.
5. SOLER Skills.
6. Empathic Responding.
7. Role Playing.
8. School Counselling.
9. HIV/AIDS Counselling.
10. "Values m Counselling.
11. Rapport building.
12. Active listening.

(Ceiling 20 marks)

Turn over

Section B

*Answer all questions.
Answer in a paragraph of about half a page to one page.
Each question carries 5 marks.
There shall be ceiling of 30 marks in this section.*

13. Stages of counselling
14. Effective Counsellor Traits
15. Behavioural Counselling
16. Opening Techniques of counselling
17. Eclectic approach of counselling
18. Types of Counselling
19. Ethical and Legal Aspects of counselling

(Ceiling 30 marks)

Section C

*Essay Type Questions.
Answer any **one** of the following.
The question carries 10 marks.*

20. Discuss the core principles and techniques of person-centered counselling. How does it differ from other therapeutic approaches?
21. Explain the roles and responsibilities of a counsellor in different settings like school, college, and career counselling.

(1 × 10 = 10 marks)