D 154659 **(Pages : 2)** **Name.....**

Reg. No.....

NINTH SEMESTER INTEGRATED P.G. (REGULAR / SUPPLEMENTARY / IMPROVEMENT) DEGREE EXAMINATION, NOVEMBER 2026

(CBCSS)

Psychology

PSY 9IB 02—PSYCHOTHERAPEUTICS—I

(2020 Admission onwards)

Time : Three Hours Maximum : 80 Marks

Section A

Answer any **ten** *questions in two* **or** *three sentences each.*
Each question carries 2 *marks.*

1. Life positions.
2. Ego states.
3. Rationalisation.
4. Libidinal energy.
5. Free association.
6. Counter transference.
7. Castration anxiety.
8. Unconditional positive regard.
9. Electra complex.
10. Denial of reality.
11. Empty chair technique.
12. Analysis of transference.

(10 × 2 = 20 marks)

Turn over

1143

Section B

Answer any **five** *questions in* **a paragraph** *of about* **half a page to one page.**
Each question carries 8 marks.

13. Types of reinforcement.
14. Issues of research in psychotherapy.
15. Phases of psychotherapy.
16. Types of groups.
17. Salient features of psychodrama.
18. Goals and process of family therapy.
19. Types of transactions.

(5 × 8 = 40 marks)

Section C

Answer any **two** *questions in an essay each.*
Each question carries 10 *marks.*

20. Define psychotherapy and explain different perspectives on psychotherapy.
21. Give a brief account of the models and process of group therapy.
22. Elucidate the current status of psychoanalysis.
23. Discuss the salient features of Client- centred Therapy.

(2 × 10 = 20 marks)