

**D 124276****(Pages : 2)****Name.....****Reg. No.....****SIXTH SEMESTER INTEGRATED P.G. DEGREE EXAMINATION****APRIL 2025****(CBCSS)****M.Sc. Psychology****PSY 6IB 03—PSYCHOLOGICAL COUNSELLING—II****(2020 Admission onwards)****Time : Two Hours****Maximum : 60 Marks****Section A (Short Answer Questions)***All questions may be answered.**Each question carries 2 marks.**Ceiling of marks 20.*

1. Problem management.
2. Non judgmental.
3. Defense mechanism.
4. Reinforcement.
5. Exposure therapy.
6. Journaling.
7. SOLER.
8. Active listening.
9. Empathic responding.
10. Divergent thinking.
11. Guidance.
12. HIV/AIDS counselling.

**Turn over**

**Section B (Paragraph Type)**

*All questions may be answered.*

*Each question carries 5 marks.*

*Ceiling of mark is 30.*

13. Conditions facilitating effective counselling.
14. Counselee characteristics.
15. Therapeutic techniques in psychoanalytic counselling.
16. Basic concepts of eclectic counselling.
17. Forms of poor listening.
18. Values in counselling.
19. Legal aspects in counselling.

**Section C (Essay Type)**

*Answer any **one** question.*

*The question carries 10 marks.*

*Ceiling of mark is 10.*

20. Discuss the procedure of group counselling.
21. Discuss the basic concepts and techniques in cognitive counselling.