

D 114804

(Pages : 2)

Name.....

Reg. No.....

**NINTH SEMESTER INTEGRATED P.G. DEGREE (REGULAR)
EXAMINATION, NOVEMBER 2024 (2020 ADMISSIONS)**

Core Course

PSY 9IB 02—PSYCHOTHERAPEUTICS—I

Time : Three Hours

Maximum : 80 Marks

Section A

*Answer any **ten** questions in two **or** three sentences each.
Each question carries 2 marks.*

1. Psycho drama.
2. T-Groups.
3. Family pathology.
4. Empty chair technique.
5. Empathy.
6. Strokes.
7. Relational focus.
8. Existentialism.
9. Self actualisation.
10. Rationalisation.
11. Punishment in behaviouristic approach.
12. Displacement.

(10 × 2 = 20 marks)

Section B

*Answer any **five** questions in a **paragraph** of about **half a page to one page**.
Each question carries 8 marks.*

13. Issues of research in psychotherapy.
14. The aim of psychoanalytic therapy.

Turn over

15. Types of transactions.
16. Different ego states.
17. Core irrational beliefs according to Ellis.
18. Indications and contradictions for family therapy.
19. Different forms of encounter groups.

(5 × 8 = 40 marks)

Section C

*Answer any **two** questions in an essay each.
Each question carries 10 marks.*

20. Briefly explain the goals and processes involved in family therapy.
21. Discuss the salient features of Client-centred Psychotherapy.
22. Give an account of different perspectives on psychotherapy.
23. Discuss the course and phases of psychotherapy.

(2 × 10 = 20 marks)