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Name.....

Reg. No.....

**FIRST SEMESTER (CUFYUGP) DEGREE EXAMINATION  
NOVEMBER 2024**

Zoology

ZOO 1FM 105 (1)—NUTRITION, HEALTH AND HYGIENE

(2024 Admission onwards)

Time : One Hour and a Half

Maximum : 50 Marks

**Section A***All questions can be answered.**Each question carries 2 marks.**Ceiling 16 marks.*

1. What is RDA ?
2. Define Nutrition
3. What is water balance ?
4. What is Scurvy ?
5. Explain the nutritional role of calcium
6. What are the ill effects of pan masala use ?
7. Explain Social hygiene.
8. What is Hypertension ?
9. What is Dyslaxia ?
10. Explain Arteriosclerosis.

**Section B***All questions can be answered.**Each question carries 6 marks.**Ceiling 24 marks.*

11. Describe any *five* basic food groups
12. Explain the classification and functions of carbohydrates.

**Turn over**

13. Describe essential and non-essential fatty acids.
14. Explain the ill effects of drug abuse.
15. Describe the risks of self-medication.

### Section C

*Answer any **one** question.  
The question carries 10 marks.*

16. Discuss the composition, classification and functions of proteins.
17. Explain the first aid given in snake bite, burns and road accidents.

(1 × 10 = 10 marks)